

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2019



Welcome Spring

<p>9:45 Sundays Were Special Read Aloud-Cedar 3 9:45 Hymn Sing -Aspen 11:00 Holy Rosary -Chapel 2:15 Montessori Activities -Aspen 2:30 General Program: Conversation Cards- Lobby 6:15 Balloon Toss -Cedar 7:15 General Program: Hymn Sing -Pine AR</p>	<p>9:30 Strength and Seated Balance-Linden 4 9:30 Strength and Cardio -Cedar 10:00-11:00 Coffee Café -Atrium 2:00 Fun & Fitness -Aspen 6:15 Gentle Hand Massage-Cedar 7:15 General Program: March Word Game -Pine AR</p>	<p>9:30 Cardio and Strength -Maple 5 9:30 Fun and Fitness- Birch 9:30 Cardio and Strength- Pine 10:00-11:00 Coffee Café -Atrium 10:15 Rise & Shine Bingo -Rec Rm - 2:00 Anglican Church -Chapel 2:30 Pancake Social -Pine AR 6:15 What's Next -Aspen 6:15 Bird Visits -Cedar 7:15 General Program: Mardi Gras Traditions Discussion -Pine AR <small>Mardi Gras</small></p>	<p>9:30 Strength and Seated Balance- Pine 6 9:30 Strength and Seated Balance -Cedar 10:15 Fun and Fitness- Birch 10:00-11:00 Coffee Café -Atrium 11:00 Ash Wednesday Service -Chapel 2:00 Art with Marlene -Pine AR 6:00 Entertainment with Marty Oakes- Cedar 7:00 Entertainment with Marty Oakes - Lobby <small>Ash Wednesday</small></p>	<p>9:30 Fun and Fitness- Maple 7 9:30 Stretch and Strength- Pine 10:00-11:00 Coffee Café -Atrium 10:30 Musical Interludes with Frank Wilks -Aspen 2:00 Fun and Fitness- Aspen 6:00 Therapeutic Paws Pet Therapy Visits -All Units 6:15 Montessori Visits -Aspen 6:15 1:1 Hand Massages -Cedar 7:00 Four Leaf Clover No Money Bingo - Pine AR</p>	<p>9:30 Stretch and Strength- Linden 8 9:30 Stretch and Strength- Cedar 10:00-11:00 Coffee Café -Atrium 10:00 M&M Music Group -Birch 1:30 Small Group Music Therapy - Aspen 2:45 Crystal Tones Bell Choir Rehearsal -Linden 7:00 Happy Hour with Fran Townend -Lobby</p>	<p>10:15 Sing-Along-Cedar 2 9:45 St. Patrick's Day Crafts-Aspen 10:45 March Word Games- Pine/Linden 10:45 Colouring Pages-Maple/Birch 2:30 General Program: Shamrock Shake Trolley -All Units 6:15 1:1 Hand Massages -Aspen 7:15 General Program: Movie Night with Treats - Linden</p>
<p>9:45 Inspirational Stories -Cedar 10 9:45 Friendly Visits -Aspen 11:00 Holy Rosary -Chapel 2:30 General Program: Word Games -Pine AR 6:15 Let's Dance -Aspen 6:15 Chicken Soup for the Soul - Cedar 7:15 General Program: Sunday Evening Hymn Sing with Bible Reading -Pine AR <small>Bible Reading Time Begins</small></p>	<p>Activity Professional Week: PJ Day (Wear your PJs) 11 9:30 Strength and Seated Balance - Linden 9:30 Strength and Cardio -Cedar 10:00-11:00 Coffee Café -Atrium 2:00 Fun & Fitness -Aspen 2:30 Ladies PJ Party -Pine AR 6:00 Therapeutic Paws Pet Therapy Visits -All Units 6:15 Music and Motion -Aspen 7:15 General Program: BUZZ Word -Pine</p>	<p>Activity Professional Week: Jersey/Nerd Day (Dress as a Jock or Nerd) 12 9:30 Cardio and Strength -Maple 9:30 Fun and Fitness- Birch 9:30 Cardio and Strength- Pine 10:00-11:00 Coffee Café -Atrium 10:15 Rise & Shine Bingo -Rec Rm 2:30 General Program: Minute to Win it 6:15 Bean Bag Toss -Aspen 6:15 Montessori Visits -Cedar 7:15 General Program: General Knowledge Trivia -Pine AR</p>	<p>Activity Professional Week: Way Back Wednesday (Dress in 50s, 60s, 70s, 80s, 90s Attire) 13 9:30 Strength and Seated Balance- Pine 9:30 Strength and Seated Balance- Cedar 10:00-11:00 Coffee Café -Atrium 2:00 Art with Marlene -Pine AR 6:00 Entertainment with Keith Dindayal -Aspen 7:00 Entertainment with Keith Dindayal -Lobby</p>	<p>Activity Professional Week: Beach Day (Wear your Beach Attire) 14 9:30 Fun and Fitness- Maple 9:30 Stretch and Strength- Pine 10:00-11:00 Coffee Café -Atrium 2:00 Fun and Fitness- Aspen 2:30- General Program: Cocktail Hour 6:00 Therapeutic Paws Pet Therapy Visits -All Units 6:15 Finish the Proverb -Aspen 6:15 Sing-A-Long -Cedar 7:00 Irish Facts and Fiction- Pine AR</p>	<p>Activity Professional Week: Super Hero Day (Dress like your Favourite Super Hero) 15 9:30 Stretch and Strength- Linden 9:30 Stretch and Strength- Cedar 10:00-11:00 Coffee Café -Atrium 10:00 M&M Music Group -Birch 11:00 Eucharistic Service- Chapel 1:30 Small Group Music Therapy -Aspen 2:30- General Program: Making Super Hero Masks 2:45 Crystal Tones Bell Choir Rehearsal - Linden 7:00 Happy Hour with Joe Zambri -Lobby</p>	<p>9:45 Sing Along - Cedar 16 9:45 Easter Crafts -Aspen 10:45 Easter Word Games -Pine/Linden 10:45 1:1 Trivia -Maple/Birch 2:15 Lemon Social-Aspen 2:30 General Program: St. Patrick's Men's Group -Pine AR 6:15 1:1 Hand Massages -Aspen 7:15 General Program: Movie Night with Treats - Linden</p>
<p>9:45 Inspirational Stories-Cedar 17 9:45 Irish Superstitions -Aspen 11:00 Holy Rosary -Chapel 2:30 General Program: St. Patrick's Day Entertainment with Tom and Scarlet -Lobby 6:15 Balloon Toss -Cedar 7:15 General Program: Hymn Sing -Pine A <small>St. Patrick's Day</small></p>	<p>9:30 Strength and Seated Balance-Linden 18 9:30 Strength and Cardio -Cedar 10:00-11:00 Coffee Café -Atrium 10:15 Food Committee & Resident Council Meeting -Pine AR 2:00 Fun & Fitness -Aspen 2:15 General Program: 6:15 Read Aloud -Aspen 7:15 General Program: Name 10 - Pine AR</p>	<p>9:30 Cardio and Strength -Maple 19 9:30 Fun and Fitness- Birch 9:30 Cardio and Strength- Pine 10:00-11:00 Coffee Café -Atrium 10:15 Rise & Shine Bingo -Rec Rm - Hailey 11:00 Outing: Fionn MacCool's (Sign-up and Cost Required) 2:00 Anglican Church -Chapel 6:15 Balloon Toss -Aspen 6:15 Name That Irish Tune -Cedar 7:15 General Program March Word Game- Pine AR</p>	<p>9:30 Strength and Seated Balance- Pine 20 9:30- Strength and Seated Balance- Cedar 10:00-11:00 Coffee Café -Atrium 2:00 Art with Marlene -Pine AR 6:00 Entertainment with Vivianna - Cedar 7:00 Entertainment with Vivianna - Lobby 7:00 Family Council Meeting -3rd Floor (Family members welcome!) <small>Spring Begins</small></p>	<p>9:30 Fun and Fitness- Maple 21 9:30 Stretch and Strength- Pine 10:00-11:00 Coffee Café -Atrium 2:00 Fun and Fitness- Aspen 1:15 Travelling Manicures 6:00 Therapeutic Paws Pet Therapy Visits -All Units 6:15 Matching Game-Aspen 6:15 1:1 Hand Massages -Cedar 7:00 Danny Boy No Money Bingo- Pine AR <small>Purim</small></p>	<p>9:30 Stretch and Strength- Linden 22 9:30 Stretch and Strength- Cedar 10:00-11:00 Coffee Café -Atrium 10:00 M&M Music Group -Birch 1:30 Small Group Music Therapy - Aspen 2:45 Crystal Tones Bell Choir Rehearsal -Linden 7:00 Happy Hour with Entertainment-Lobby</p>	<p>10:15 Discussion Group-Cedar 23 10:00 Bean Bag Toss-Aspen 10:00 Balloon Toss-Pine 10:45 Bean Bag Toss Linden 10:45 Colouring Pages-Maple/Birch 2:15 Walk About -Aspen 2:30 General Program: Spring Trivia -All 6:15 Short Stories-Aspen 6:15 Bedside Card Game-Cedar 7:15 General Program: Assorted Board Games - Pine AR</p>
<p>9:45 Friendly Visits-Cedar 24 9:45 Hymn Sing-Aspen 11:00 Holy Rosary -Chapel 2:15 Colouring Pages- Aspen 2:30 General Program: Jokes and Riddles-Pine AR 6:15 Music and Movement-Aspen 6:15 Good Night Prayers-Cedar 7:15 General Program: Prayer & Praises-Pine AR</p>	<p>9:30 Strength and Seated Balance - Linden 25 9:30 Strength and Cardio -Cedar 10:00-11:00 Coffee Café -Atrium 2:00 Fun & Fitness -Aspen 2:15 General Program: Choices- Pine AR 6:00 Therapeutic Paws Pet Therapy Visits -All Units 6:15 Sing A Long-Aspen 6:15 1:1 Friendly Visits -Cedar 7:15 General Program: Easter Wreath Making-Pine AR</p>	<p>9:30 Cardio and Strength -Maple 26 9:30 Fun and Fitness- Birch 9:30 Cardio and Strength- Pine 10:00-11:00 Coffee Café -Atrium 10:15 Rise & Shine Bingo -Rec Rm 6:15 Manicures -Aspen 6:15 Current Events-Cedar 7:15 General Program: Word Pyramid-Pine AR</p>	<p>9:30 Strength and Seated Balance- Pine 27 9:30- Strength and Seated Balance- Cedar 10:00-11:00 Coffee Café -Atrium 10:30 Monthly Birthday Party with Janelle Heath -Auditorium 2:00 Art with Marlene -Pine AR 6:00 Entertainment with Vincent Soars -Aspen 7:00 Entertainment with Vincent Soars -Lobby</p>	<p>9:30 Fun and Fitness- Maple 28 9:30 Stretch and Strength- Pine 10:00-11:00 Coffee Café -Atrium 2:00 Fun and Fitness- Aspen 2:30 General Program: -Lobby 6:00 Therapeutic Paws Pet Therapy Visits -All Units 6:15 Irish Sing-Along -Aspen 6:15-Cedar 7:15 Night Cap Trivia- Pine AR</p>	<p>9:30 Stretch and Strength- Linden 29 9:30 Stretch and Strength- Cedar 10:00-11:00 Coffee Café -Atrium 10:00 M&M Music Group -Birch 10:30- Outing: Walmart (Sign-up and Cost Required) 1:30 Small Group Music Therapy -Aspen 2:45 Crystal Tones Bell Choir Rehearsal -Linden 7:00 Happy Hour with Entertainment - Lobby</p>	<p>9:45 iPad Visits -Cedar 30 10:45 Funny Stories -Maple/Birch 2:30 General Program: Treat Trolley -All 6:15 1:1 Friendly Visits -Aspen 7:15 General Program: Movie Night with Treats- Linden</p>
<p>9:45 Finish my Sentence - 31 Cedar 11:00 Holy Rosary -Chapel 2:30 General Program: Bowling-Pine AR 6:15 1:1 Hand Massages - Cedar 7:15 General Program: Hymn Sing-Pine AR</p>						