

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# August 2019 Food for Thought!

<p>9:45 Patio Visits –Cedar 9:45 Hymn Sing -Aspen 9:45 Popsicles on the Patio-Pine 2:30 General Program: <u>Men's Group: International Beer Day Social- Pine AR</u> 6:15 Hymn Sing (Cedar) 7:15 General Program: Grateful to God Hymn Sing (Main Lobby)</p> <p style="text-align: right;"><b>4</b></p>	<p>9:30 Strength and Seated Balance –Linden 9:30 Strength and Cardio –Cedar 10:00-11:00 Coffee Café –Atrium 2:00 Fun &amp; Fitness –Aspen 2:30 General Program: <u>Civic Holiday Entertainment with David Wildsmith - Lobby</u> 6:15 Friendly Visits-Cedar 7:15 General Program: Book Club -Pine AR</p> <p style="text-align: right;"><b>5</b></p>	<p>9:30 Cardio and Strength –Maple 9:30 Fun and Fitness- Birch 9:30 Cardio and Strength- Pine 10:00-11:00 Coffee Café –Atrium 10:15 Rise &amp; Shine Bingo –Rec Rm 11:30-2:00 <u>Outing: Halibut House (Cost and Sign-Up Required)</u> 2:00 Anglican Church –Chapel 6:15: Movement to Music (Aspen) 7:15 General Program: Food Trivia! (Main Lobby)</p> <p style="text-align: right;"><b>6</b></p>	<p>9:30 Strength and Seated Balance- Pine 9:30 Strength and Seated Balance-Cedar 10:00-11:00 Coffee Café –Atrium 10:15 Fun and Fitness- Birch 12:00-1:00 Maple Unit BBQ- Lobby 2:00 Baking Cookies! (Pine AR) 6:00 Entertainment with Marty Oakes Aspen 7:00 <u>Entertainment Marty Oakes</u></p> <p style="text-align: right;"><b>7</b></p>	<p>9:30 Fun and Fitness- Maple 9:30 Stretch and Strength- Pine 10:00-11:00 Coffee Café –Atrium 2:00 Fun and Fitness- Aspen 6:00 Therapeutic Paws Pet Therapy Visits -All Units 6:15 Chicken Soup for the Soul (Cedar) 7:15 Sensory Bottles! (Pine AR)</p> <p style="text-align: right;"><b>8</b></p>	<p>9:30 Stretch and Strength-Linden 9:30 Stretch and Strength- Cedar 10:00-11:00 Coffee Café -Atrium 10:00 M&amp;M Music Group –Birch 11:00 Roman Catholic Mass –Chapel 1:30 Small Group Music Therapy – Aspen 2:30 <u>General Program: National Ice Cream Sandwich Day</u> 2:45 Crystal Tones Bell Choir Rehearsal –Linden 7:00 Happy Hour with Allan-Lobby</p> <p style="text-align: right;"><b>2</b></p>	<p>9:45 General Program Morning Movie-“Fried Green Tomatoes”-Pine AR 10:15 Manicures– Cedar 10:15- Outdoor Chats Aspen 10:45 Memory Game- Maple 10:45 Outdoor Walks Linden 10:45 Short Stories- Birch 2:30 <u>General Program: Watermelon Trolley- Pine AR</u> 6:15 – Friendly Visits (Aspen) 7:00 General Program: - Movie</p> <p style="text-align: right;"><b>3</b></p>
<p>9:45 1:1 Visits –Cedar 9:45 Bible Stories-Aspen 11:00 Holy Rosary -Chapel 2:30 General Program: <u>Smoothie Sunday (Main Building)</u> 6:15 Chicken Soup for the Christian Soul -Cedar 7:15 General Program: Allan Jackson Hymn Sing with Bible - Lobby</p> <p style="text-align: right;"><b>11</b></p>	<p>9:30 Strength and Seated Balance-Linden 9:30 Strength and Cardio –Cedar 10:00-11:00 Coffee Café –Atrium 10:00 M&amp;M Music Group- Birch 1:30 Small Group Music Therapy- Aspen 2:00 Fun &amp; Fitness –Aspen 2:45 Crystal Tones Bell Choir Rehearsal- Linden 6:15 Sing – A – Long (Cedar) 7:15 General Program: Groovy Music &amp; Popcorn (Pine AR)</p> <p style="text-align: right;"><b>12</b></p>	<p>9:30 Cardio and Strength –Maple 9:30 Fun and Fitness- Birch 9:30 Cardio and Strength- Pine 10:00-11:00 Coffee Café –Atrium 10:15 Rise &amp; Shine Bingo –Rec Rm 2:00 Friendly Visits (Pine) 2:30- General Program: Homemade Ice Cream (Pine AR) 3:15 Book Club (Pine) 6:15: Roots! Rock! Reggae! (Aspen) 7:15 General Program: Hangman!! (Main Lobby)</p> <p style="text-align: right;"><b>13</b></p>	<p>9:30 Strength and Seated Balance-Pine 9:30 Strength and Seated Balance-Cedar 10:00-11:00 Coffee Café –Atrium 10:15 Fun and Fitness- Birch 12:00-1:00 Birch Unit BBQ- Lobby 2:30 <u>General Program: National Creamsicle Day</u> 6:00 Entertainment with Michael Danckert Cedar 7:00 Entertainment with Michael Danckert -Lobby</p> <p style="text-align: right;"><b>14</b></p>	<p>9:30 Fun and Fitness- Maple 9:30 Stretch and Strength- Pine 10:00-11:00 Coffee Café –Atrium 2:00 Fun and Fitness- Aspen 2:00 Snoezelen Cart (Cedar) 6:00 Therapeutic Paws Pet Therapy Visits -All Units 7:15 No Money Bingo (Pine AR)</p> <p style="text-align: right;"><b>15</b></p>	<p><b>CNE DAY!</b> 9:30 <u>Stretch and Strength-Linden</u> 9:30 <u>Stretch and Strength-Cedar</u> 10:00-11:00 Coffee Café - Atrium 7:00 Happy Hour with Tom and Scarlet –Lobby</p> <p style="text-align: right;"><b>16</b></p>	<p>9:45–Cedar 9:45 Food Facts-Aspen 10:45 Fun Fruit Coloring Pages- Maple/Birch 10:45 Outdoor Strolls - Pine/Linden 2:30 Montessori Sorting (Aspen) 2:30 <u>General Program: Ice Cream Trolley- All Units</u> 6:15–Aspen 7:15 General Program: -Pine AR</p> <p style="text-align: right;"><b>17</b></p>
<p>9:45 Friendly Visits –Cedar 9:45 Morning Movie -Aspen 9:45 Garden Visits 1 to 1 Main building) 11:00 Holy Rosary -Chapel 2:30 General Program: <u>General Program: Faith Family Church Hymn Sing Pine AR</u></p> <p style="text-align: right;"><b>18</b></p>	<p>9:30 Strength and Seated Balance –Linden 9:30 Strength and Cardio –Cedar 10:00-11:00 Coffee Café –Atrium 10:15 Resident Council Meeting – Pine AR 2:00 Fun &amp; Fitness –Aspen 2:30 General Program: Ladies Mad Hatters: Prepping for Taco Tuesday Lunch- Pine AR 6:15 Name That Summer Tune-Cedar 7:15 General Program: - -Pine AR</p> <p style="text-align: right;"><b>19</b></p>	<p>9:30 Cardio and Strength –Maple 9:30 Fun and Fitness- Birch 9:30 Cardio and Strength- Pine 10:00-11:00 Coffee Café –Atrium 10:15 Rise &amp; Shine Bingo –Rec Rm 2:00 Anglican Church –Chapel 2:30 General Program: Taco Taste Test (Lobby) 6:15: Garden Visits (Aspen) 7:15 General Program: Word Games (Main Lobby)</p> <p style="text-align: right;"><b>20</b></p>	<p>9:30 Strength and Seated Balance-Pine 9:30 Strength and Seated Balance-Cedar 10:00-11:00 Coffee Café –Atrium 10:15 Fun and Fitness- Birch 12:00-1:00 Aspen Unit BBQ- Aspen 1:45 Baking a Pound Cake! (Pine AR) 6:00 Entertainment with Miro Letko Aspen 7:00 Entertainment Miro Letko Lobby</p> <p style="text-align: right;"><b>21</b></p>	<p>9:30 Fun and Fitness- Maple 9:30 Stretch and Strength- Pine 10:00-11:00 Coffee Café –Atrium 2:00 Fun and Fitness- Aspen 3:00- 10:00 <u>Outing: Dinner Landmark Theatre (Cost and Sign-Up Required)</u> 2:30- General Program: Mystery Taste Test 6:00 Therapeutic Paws Pet Therapy Visits -All Units</p> <p style="text-align: right;"><b>22</b></p>	<p>9:30 Stretch and Strength-Linden 9:30 Stretch and Strength- Cedar 10:00-11:00 Coffee Café -Atrium 1:30 Small Group Music Therapy –Aspen 2:45 Crystal Tones Bell Choir Rehearsal –Linden 7:00 Happy Hour with Joe Zambri -Lobby</p> <p style="text-align: right;"><b>23</b></p>	<p>9:45 –Cedar 9:45 Bean Bag Toss -Aspen 10:15 Maple/Birch 10:45 Bean Bag Toss - Pine/Linden 2:30 <u>General Program: Milkshake Trolley</u> 6:15 1:1 Bedside Card Games Cedar 7:15 General Program: -Pine AR</p> <p style="text-align: right;"><b>24</b></p>
<p>10:45 –Cedar 9:45 Bible Stories-Aspen 11:00 Holy Rosary -Chapel 2:30 General Program: <u>Assorted Games- Pine AR</u> 7:15 General Program: Sunday Evening Hymn Sing with Bible Reading -Lobby</p> <p style="text-align: right;"><b>25</b></p>	<p>9:30 Strength and Seated Balance-Linden 9:30 Strength and Cardio –Cedar 10:00-11:00 Coffee Café –Atrium 10:30 <u>Monthly Birthday with Mark Kersey - Lobby</u> 2:00 General Program: Movie Matinee-“A Dog’s Purpose”- Pine AR 2:00 Fun &amp; Fitness -Aspen 6:15– Snoezelen Cart (Aspen) 7:15 General Program: Quick Fire Word Game! (Main Lobby)</p> <p style="text-align: right;"><b>26</b></p>	<p>9:30 Cardio and Strength –Maple 9:30 Fun and Fitness- Birch 9:30 Cardio and Strength- Pine 10:00-11:00 Coffee Café –Atrium 10:15 Rise &amp; Shine Bingo –Rec Rm 2:30- <u>General Program: Food Items Price Is Right (Lobby)</u></p> <p style="text-align: right;"><b>27</b></p>	<p>9:30 Strength and Seated Balance-Pine 9:30 Strength and Seated Balance-Cedar 10:00-11:00 Coffee Café –Atrium 10:15 Fun and Fitness- Birch 12:00-1:00 Cedar Unit BBQ- Cedar 6:00 Entertainment with Vivianna Cedar 7:00 Entertainment with Vivianna Lobby</p> <p style="text-align: right;"><b>28</b></p>	<p>9:30 Fun and Fitness- Maple 9:30 Stretch and Strength- Pine 10:00-11:00 Coffee Café –Atrium 2:00 Fun and Fitness- Aspen 2:30 <u>General Program: MFFC Entertainment – Lobby</u> 6:00 Therapeutic Paws Pet Therapy Visits -All Units 7:15 No Money Bingo (Pine AR)</p> <p style="text-align: right;"><b>29</b></p>	<p>9:30 Stretch and Strength- Linden 9:30 Stretch and Strength- Cedar 10:00-11:00 Coffee Café -Atrium 10:00 M&amp;M Music Group –Birch 1:30 Small Group Music Therapy –Aspen 2:45 Crystal Tones Bell Choir Rehearsal –Linden 7:00 Happy Hour with entertainment -Lobby</p> <p style="text-align: right;"><b>30</b></p>	<p>9:45 Manicures –Cedar 9:45 Garden Strolls-Aspen 10:30 Manicures (Maple) 10:45 Short Stories -Pine/Linden 2:30 <u>General Program: General Program: Root Beer Floats- Lobby</u> 6:15– Sweet Soca Mix! w/Treat (Aspen) 7:00 General Program: Movie Night (Pine AR)</p> <p style="text-align: right;"><b>31</b></p>