

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<p>9:45 Walkabouts –Cedar 9:45 Hymn Sing –Aspen 9:45 Pine: Men’s Group: Sports Trivia 11:00 Holy Rosary –Chapel 2:15 General Program: Assorted Board Games- Pine AR 2:15 1:1 Hand Massages Aspen</p>	<p>1 2:30 Canada Day Celebrations -Lobby 6:15 Short Stories- Cedar 7:15 General Program: Canada Day Hangman - Lobby Canada Day</p>	<p>9:30 Cardio and Strength –Maple 9:30 Fun and Fitness- Birch 9:30 Cardio and Strength- Pine 10:00-11:00 Coffee Café –Atrium 10:15 Rise & Shine Bingo –Rec Rm 2:00 Anglican Church –Chapel 6:15 Reading in the Garden- Aspen 7:15 General Program: Making Stress Balls – Pine AR</p>	<p>9:30 Strength and Seated Balance- Pine 9:30 Strength and Seated Balance- Cedar 10:00-11:00 Coffee Café –Atrium 10:15 Fun and Fitness- Birch 12:00-1:00 Birch Unit BBQ- Lobby 6:00 Entertainment with Vincent Soars Cedar 7:00 Entertainment with Vincent Soars Lobby</p>	<p>9:30 Fun and Fitness- Maple 9:30 Stretch and Strength- Pine 10:00-11:00 Coffee Café –Atrium 10:30 Musical Interludes with Mark Kersey –Aspen 2:00 Fun and Fitness- Aspen 6:00 Therapeutic Paws Pet Therapy Visits -All Units 6:15 Current Events- Cedar 7:00 General Program: No Money Bingo- Pine AR Independence Day (US)</p>	<p>9:30 Stretch and Strength- Linden 9:30 Stretch and Strength- Cedar 10:00-11:00 Coffee Café -Atrium 10:00 M&M Music Group –Birch 10:30 Outing: <u>McDonalds’s Snack (sign up and cost required) Kayla and Jen</u> 11:00 Roman Catholic Mass –Chapel Hailey 1:30 Small Group Music Therapy –Aspen 1:30 <u>Outing: Ice Cream Shop (sign up and cost required) Kayla and Jen</u> 2:45 Crystal Tones Bell Choir Rehearsal –Linden 7:00 Happy Hour with Allan-Lobby</p>	<p>9:45 Patio Chats –Cedar 9:45 Garden Strolls-Aspen 9:45 Coloring Pages- Linden 10:45 Canadian Coloring Pages- Pine 10:45 Inspirational Stories -Maple 10:45 Chicken Soup for the Soul - Birch 2:15 General Program: Summer Social (Courtyard)-All</p>
<p>9:45 Friendly Visits-Cedar 9:45 Bible Stories -Aspen 11:00 Holy Rosary -Chapel 2:30 General Program: Left Right Centre -Pine AR 6:15 Goodnight Prayers- Cedar 6:15 Hymns & Praises- Aspen 7:15 General Program: Allan Jackson Greatest Hymns- Lobby</p>	<p>7 9:30 Strength and Seated Balance –Linden 9:30 Strength and Cardio –Cedar 10:00-11:00 Coffee Café –Atrium 2:00 Fun & Fitness -Aspen 6:15 Sing A Long- Cedar 6:15 Montessori Visits- Aspen 7:15 General Program: July Word Games - Lobby</p>	<p>8 9:30 Cardio and Strength –Maple 9:30 Fun and Fitness- Birch 9:30 Cardio and Strength- Pine 10:00-11:00 Coffee Café –Atrium 10:15 Rise & Shine Bingo –Rec Rm 6:15 Snoezelen Visits 7:00 <u>Family Council Meeting 3rd Floor Board Room (All Families Welcome)</u></p>	<p>9 9:30 Strength and Seated Balance- Pine 9:30 Strength and Seated Balance -Cedar 10:00-11:00 Coffee Café –Atrium 10:15 Fun and Fitness- Birch 12:00-1:00 Linden Unit BBQ- Lobby 2:00 Art with Marlene –Pine AR- 6:00 Entertainment with Keith Dindayal Aspen 7:00 Entertainment with Keith Dindayal Lobby</p>	<p>10 9:30 Fun and Fitness- Maple 9:30 Stretch and Strength- Pine 10:00-11:00 Coffee Café –Atrium 10:45 <u>Food Committee Meeting - Linden</u> 2:00 Fun and Fitness- Aspen 6:00 Therapeutic Paws Pet Therapy Visits -All Units 7:15 General Program: Word Pyramid- Lobby</p>	<p>11 9:30 Stretch and Strength- Linden 9:30 Stretch and Strength- Cedar 10:00-11:00 Coffee Café -Atrium 10:00 M&M Music Group –Birch 10:00 Bible Study- Chapel 1:30 Small Group Music Therapy –Aspen 2:45 Crystal Tones Bell Choir Rehearsal –Linden 7:00 Happy Hour with Sam Kelso - Lobby</p>	<p>12 9:45 Bean Bag Toss-Aspen 10:15 Ice Cream Trivia Maple/Birch 10:45 Outdoor Walks Pine/Linden 2:30 General Program: Ice Cream Treats 6:15 Music Appreciation- Aspen 6:15 Swinging 60s Music- Cedar 7:15 General Program: - Wine & Cheese with Swinging 60s Music Lobby</p>
<p>9:45 Friendly Visits-Cedar 9:45 Bible Stories -Aspen 11:00 Holy Rosary -Chapel 2:30 General Program: Left Right Centre -Pine AR 6:15 Goodnight Prayers- Cedar 6:15 Hymns & Praises- Aspen 7:15 General Program: Allan Jackson Greatest Hymns- Lobby</p>	<p>14 9:30 Strength and Seated Balance –Linden 9:30 Strength and Cardio –Cedar 10:00-11:00 Coffee Café –Atrium 2:00 Fun & Fitness -Aspen</p>	<p>15 9:30 Cardio and Strength –Maple 9:30 Fun and Fitness- Birch 9:30 Cardio and Strength- Pine 10:00-11:00 Coffee Café –Atrium 10:15 Rise & Shine Bingo –Rec Rm 2:00 Anglican Church –Chapel 6:15 Read Aloud</p>	<p>16 9:30 Strength and Seated Balance- Pine 9:30 Strength and Seated Balance -Cedar 10:00-11:00 Coffee Café –Atrium 10:15 Fun and Fitness- Birch 12:00-1:00 Cedar Unit BBQ- Lobby 2:00 Art with Marlene –Pine AR 6:00 Entertainment with David Wildsmith Cedar 7:00 Entertainment with David Wildsmith Lobby</p>	<p>17 9:30 Fun and Fitness- Maple 9:30 Stretch and Strength- Pine 10:00-11:00 Coffee Café –Atrium 10:30 <u>Outing: Ajax Slots and Lunch (sign up and cost required)</u> 2:00 Fun and Fitness- Aspen 6:00 Therapeutic Paws Pet Therapy Visits -All Units 7:00 General Program: No Money Bingo- Pine AR</p>	<p>18 9:30 Stretch and Strength- Linden 9:30 Stretch and Strength- Cedar 10:00-11:00 Coffee Café -Atrium 10:00 M&M Music Group –Birch 1:30 Small Group Music Therapy –Aspen 2:45 Crystal Tones Bell Choir Rehearsal –Linden 7:00 Happy Hour with Steve Vaughan-Lobby</p>	<p>19 9:45 Life on Earth Coloring Pages-Aspen 9:45 Balloon Toss- Linden 10:45 Garden Strolls-Pine 10:45 1:1 Bird Visits Birch 2:15 General Program: Banana Splits – Lobby</p>
<p>9:45 Outdoor Walks–Cedar 9:45 Hymn Sing –Aspen 9:45 Men’s Group: Chicken Soup for the Golfer’s Soul- Pine 11:00 Holy Rosary –Chapel 2:15 General Program: Faith and Family Hymn- Pine AR</p>	<p>21 9:30 Strength and Seated Balance –Linden 9:30 Strength and Cardio –Cedar 10:00-11:00 Coffee Café –Atrium 10:15 <u>Resident Council Meeting –Pine AR</u> 2:00 Fun & Fitness –Aspen 6:15 Fold ‘N’ Sort- Aspen</p>	<p>22 9:30 Cardio and Strength –Maple 9:30 Fun and Fitness- Birch 9:30 Cardio and Strength- Pine 10:00-11:00 Coffee Café –Atrium 10:15 Rise & Shine Bingo –Rec Rm 6:15 Gentle Hand Massage- Cedar 7:15 General Program: Summer Hangman- Lobby</p>	<p>23 9:30 Strength and Seated Balance- Pine 9:30 Strength and Seated Balance -Cedar 10:00-11:00 Coffee Café –Atrium 10:15 Fun and Fitness- Birch 12:00-1:00 Aspen Unit BBQ- Lobby 2:00 Art with Marlene –Pine AR 6:00 Entertainment on Aspen 7:00 Entertainment in the Lobby</p>	<p>24 9:30 Fun and Fitness- Maple 9:30 Stretch and Strength- Pine 10:00-11:00 Coffee Café –Atrium 2:00 Fun and Fitness- Aspen 6:00 Therapeutic Paws Pet Therapy Visits -All Units 7:15 General Program: Word Challenge- Lobby</p>	<p>25 9:30 Stretch and Strength- Linden 9:30 Stretch and Strength- Cedar 10:00-11:00 Coffee Café -Atrium 10:00 M&M Music Group –Birch 10:00- Bible Study-Chapel 1:30 Small Group Music Therapy –Aspen 2:45 Crystal Tones Bell Choir Rehearsal –Linden 7:00 Happy Hour with Dilpreet Arneja -Lobby</p>	<p>26 10:15 Outdoor Chats –Cedar 10:15 Bean Bag Toss-Aspen 10:45 Outdoor Visits- Maple 10:45 Short Stories- Birch 10:45 Outdoor Walks -Pine/Linden 2:15 Outdoor Walks- Aspen 2:30 General Program: Watermelon Trolley 6:15 Friendly Visits- Cedar 6:15 Garden Walks- Aspen 7:15 General Program: - Karaoke Night with Treats-Lobby</p>
<p>9:45 Friendly Visits–Cedar 9:45 Hymn Sing-Aspen 11:00 Holy Rosary -Chapel 2:30 General Program: Sundae Funday 6:15 Praise & Worship- Aspen 6:15 New Testament Bible Reading- Cedar 7:15 General Program: Grateful to God Praise & Worship- Lobby</p>	<p>28 9:30 Strength and Seated Balance - Linden 9:30 Strength and Cardio –Cedar 10:00-11:00 Coffee Café –Atrium 10:30 <u>Monthly Birthday Party with Patrick Rose-Lobby</u> 2:00 Fun & Fitness -Aspen</p>	<p>29 9:30 Cardio and Strength –Maple 9:30 Fun and Fitness- Birch 9:30 Cardio and Strength- Pine 10:00-11:00 Coffee Café –Atrium 10:15 Rise & Shine Bingo –Rec Rm 7:00 Memorial Service -Chapel</p>	<p>30 9:30 Strength and Seated Balance- Pine 9:30 Strength and Seated Balance -Cedar 10:00-11:00 Coffee Café –Atrium 10:15 Fun and Fitness- Birch 12:00-1:00 Pine Unit BBQ- Lobby 2:00 Art with Marlene –Pine AR- 6:00 Entertainment with Dan Walek Cedar 7:00 Entertainment with Dan Walek Lobby</p>	<p>July 2019 WHAT’S THE SCOOP?</p>		