

August 2025						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Exercise – 10:00AM in Ottawa Lounge Mass – 10:30AM in the Chapel Cards and Games – 3:00PM in the Ottawa Lounge	2
3	4 Exercise – 10:00AM in Ottawa Lounge Balloon Tennis – 10:45AM in Ottawa Lounge Bowling – 3:00PM in the REC Room	5 Exercise – 10:00AM in Ottawa Lounge Ball Darts- 10:45AM in Ottawa Lounge Hangman – 3:00PM in Ottawa Lounge	6 Exercise – 10:00AM in Ottawa Lounge Story Time – 10:45AM in Ottawa Lounge Sing Along w/ Annie – 3:00PM in Ottawa Lounge	7 Exercise – 10:00AM in Ottawa Lounge Colouring – 10:45AM in Ottawa Lounge Bingo – 3:00PM in Ottawa Courtyard	8	9 Exercise – 10:00AM in Ottawa Lounge Entertainment w/ Emilio – 1:30 in Main Lobby One-to-Ones – 3:00PM
10 Exercise – 10:00AM in Ottawa Lounge Holy Rosary – 10:45AM in Chapel Bonus Bingo – 3:00PM in Ottawa Lounge	11	12 Exercise – 10:00AM in Ottawa Lounge Story Time – 10:45AM in Ottawa Lounge Cards & Games – 3:00PM in Ottawa Lounge	13 NO EXERCISE Outdoor BBQ – 12:00PM in Ottawa Courtyard Jeopardy – 3:00PM in the Ottawa Lounge	14 Exercise – 10:00AM in Ottawa Lounge Bingo – 1:00PM in Ottawa Courtyard One-to-Ones – 4:00PM	15 Exercise – 10:00AM in Ottawa Lounge The Dean Martin Show – 10:45AM in Ottawa Lounge Movie Day: The Naked Gun – 2:30PM in Ottawa Lounge	16
17	18 Exercise – 10:00AM in Ottawa Lounge Balloon Tennis – 10:45AM in Ottawa Lounge Hangman – 3:00PM in Ottawa Lounge	19 Exercise – 10:00AM in Ottawa Lounge Balloon Tennis- 10:45AM in the Ottawa Lounge Sing Along w/ Annie – 3:00PM in Ottawa Lounge	20 Exercise – 10:00AM in Ottawa Lounge One-to-Ones – 10:45AM Cards & Games – 3:00PM in Ottawa Lounge	21 NO EXERCISE Bingo – 3:00PM in Ottawa Courtyard Entertainment w/ Garth – 6:15PM in Main Lobby	22	23 Exercise – 10:00AM in Ottawa Lounge Cards and Games – 10:45AM in Ottawa Lounge Bowling – 3:00PM in REC Room
24 Exercise – 10:00AM in Ottawa Lounge Holy Rosary – 10:45AM in Chapel Waffle Social – 2:00PM in Main Lobby	25	26	27	28	29	30
31						



August 2025

Maple Unit



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>Locations Legend</u> Main Lobby (ML) Maple Breezeway (MBW) Resident Room (RR) Atrium (AT) Birch Lounge (BL) All Units (AU) Pine Activity Room (PAR) Pine Courtyard (PC) Maple Lounge (MPL) Chapel (CHP) Linden Lounge (LL) Travelling (JS) Lower Level Recreation Room (LLRR) OUTING (OTG) Pine Kitchen (PK)					10:00 Catholic Mass - St. Isaac Joques (CHP) 10:00 Coffee Cafe (AT) 1:30 Knitting Club (BL) 2:30 Tuck shop (PAR) 3:00 Math with Bryan (LL) 6:15 Courtyard Visits (PC) 1	9:45 Exercise with Alison (MBW) 10:15 Manicures (MBW) 11:00 Calendar Delivery (RR) 1:30 No Money Bingo (ML) 3:00 A Cool Treat (RR)
10:30 Hymn Sing (ML) 2:00 Watermelon Social (PC) 4:00 Indoor Walkabouts (AU)	3 9:45 Exercise with Alison (MBW) 10:00 Coffee Cafe (AT) 10:00 Bell Choir (ML) 10:15 Hymn Sing (MBW) 10:45 Treat Trolley: Popsicles (RR) 1:30 Outdoor Walks (PC) 3:00 Short Stories (MBW) 3:30 Assorted Games (LL)	5 9:30 Cardio & Strength with Physio (MPL) 10:30 Prize Bingo (LLRR) 1:30 Picture Day (AU) 6:15 Tech Corner (JS)	6 9:45 Exercise with Alison (BL) 10:00 Coffee Cafe (AT) 10:30 Gorgeous Grandmas (MBW) 1:30 Smoothie Cart (MBW) 1:30 Picture Day (AU) 2:30 Travelling Tuck Shop (AU) 3:00 Hand Massages (MBW) 6:15 Calming Colouring (ML)	7 9:30 Fun & Fitness with Physio (MPL) 9:30 Bible Stories (MBW) 10:45 Popsicles and Chats (MBW) 2:30 Lets Learn A Little: SPANISH (PAR) 3:00 A Cool Treat (RR) 6:15 Assorted Games (ML)	8 9:30 Exercise with Alison (MBW) 10:00 Coffee Cafe (AT) 10:30 Travelogue (BL) 1:30 Outdoor Walks (PC) 1:30 Knitting Club (BL) 2:30 Games & Chit Chats (PAR) 3:00 Facials (MBW) 6:15 Movie Night (ML)	9 10:00 Exercise (ML) 1:30 Birthday Party with Emilio (ML) 3:30 Treat Trolley (JS) 6:15 Manicures (RR)
10:30 Holy Rosary (CHP) 2:00 Bowling (ML) 3:30 Treat Trolley (JS) 4:00 Treat Trolley (ML) 6:15 Manicures (ML) 10	11 9:45 Exercise with Alison (MBW) 10:00 Coffee Cafe (AT) 10:00 Bell Choir (ML) 10:45 Treat Trolley: Popsicles (RR) 1:30 Library in the Lobby (ML) 1:30 Outdoor Walks (PC) 3:00 A Cool Treat (RR) 3:30 Assorted Games (LL)	12 9:30 Cardio & Strength with Physio (MPL) 9:30 Friendly Visits (MBW) 10:00 Farmers Market (OTG) 10:00 Baking: Cookies (PK) 1:30 Treat Trolley (RR) 3:00 Hand Massages (MBW) 3:30 Men's Group (BL) 6:15 Hand Massages (ML)	13 9:45 Exercise with Alison (BL) 10:00 Coffee Cafe (AT) 10:30 A Cool Treat (RR) 12:00 Maple Unit BBQ (PC) 2:30 Travelling Tuck Shop (AU) 3:00 Treat Trolley: Popsicles (RR) 6:15 Puzzles (ML)	14 9:30 Fun & Fitness with Physio (MPL) 9:30 Ball Toss (MBW) 10:30 Sing Along (MBW) 11:00 Treat Trolley: Popsicles (MBW) 1:30 Dream Nails & Tales (ML) 6:15 Travelogue (ML)	15 10:00 Coffee Cafe (AT) 1:30 Knitting Club (BL) 2:30 Games & Chit Chats (PAR) 6:15 Music Night (ML)	16 1:30 No Money Bingo (ML)
10:30 Holy Rosary (CHP) 2:00 Hymn Sing (ML) 4:00 Indoor Walkabouts (AU) 17	18 9:45 Exercise with Alison (MBW) 10:00 Coffee Cafe (AT) 10:00 Bell Choir (ML) 10:30 Gorgeous Grandmas (MBW) 1:30 Smoothie Cart (MBW) 3:00 Short Stories (MBW) 3:30 Assorted Games (LL)	19 9:30 Cardio & Strength with Physio (MPL) 10:30 Prize Bingo (LLRR) 6:15 Short Stories (RR)	20 9:45 Ajax Rotary Park (OTG) 10:00 Coffee Cafe (AT) 2:30 Travelling Tuck Shop (AU) 6:15 Trivia (ML)	21 9:30 Fun & Fitness with Physio (MPL) 9:30 Bible Stories (MBW) 10:30 All About Roller Coasters (MBW) 11:00 Treat Trolley: Popsicles (MBW) 1:30 Dream Nails & Tales (ML) 2:00 Math with Bryan (LL) 2:30 Lets Learn a Little: GERMAN (PAR) 3:00 A Cool Treat (RR) 6:15 Live Entertainment with Garth (ML)	22 9:30 Exercise with Alison (MBW) 10:00 Coffee Cafe (AT) 10:30 Biography (BL) 1:30 Outdoor Walks (PC) 1:30 Knitting Club (BL) 2:30 Games & Chit Chats (PAR) 3:00 Facials (MBW) 6:15 Mandalas and Meditations (ML)	23 10:00 Exercise (ML) 2:00 No Money Bingo (ML) 3:30 Treat Trolley (JS) 6:15 Manicures (ML)
10:30 Holy Rosary (CHP) 2:00 Waffle ice cream Social (ML) 3:30 Treat Trolley (JS) 6:15 Music Night (ML) 24	25 10:00 Coffee Cafe (AT) 10:00 Bell Choir (ML) 3:30 Assorted Games (LL)	26 9:30 Cardio & Strength with Physio (MPL) 3:30 Men's Group (BL) 6:00 Memorial Service (CHP)	27 10:00 Coffee Cafe (AT) 1:30 Resident Council Meeting (PAR) 2:30 Travelling Tuck Shop (AU)	28 9:30 Fun & Fitness with Physio (MPL) 1:30 Dream Nails & Tales (ML) 2:30 Lets Learn A Little: NEPALI (PAR) 6:15 Garden Visits (PC)	29 10:00 Coffee Cafe (AT) 2:00 50/50 Bingo (\$5.00 cost and signup required) (LLRR) 6:15 Movie Night (ML)	30 9:45 Exercise with Alison (MBW) 10:15 Trivia: What's Next (MBW) 10:30 Treat Trolley: Popsicles (RR) 1:30 No Money Bingo (ML) 3:00 A Cool Treat (RR)
10:30 Holy Rosary (CHP) 2:00 Hymn Sing (ML) 4:00 Indoor Walkabouts (AU) 31					Robert Gibson Aug 5 Anton Szep Aug 7 Dora Parmassar Aug 31	

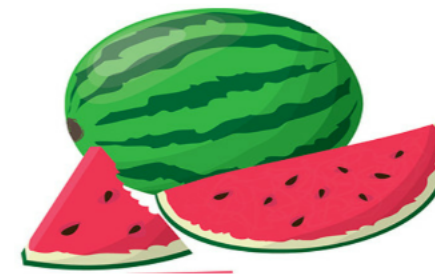
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Locations Legend Pine Activity Room (PAR) Main Lobby (ML) Resident Room (RR) Atrium (AT) Pine Courtyard (PC) All Units (AU) Chapel (CHP) Linden Lounge (LL) Pine Nursing Station (PN) Birch Lounge (BL) Lower Level Recreation Room (LLRR) Travelling (JS) Pine TV Lounge (PTL) OUTING (OTG) Aspen Courtyard (AC)			 Happy August Birthday! Yvonne Baker - Aug 08, 1928 Jesse Gosling - Aug 08, 1936 Grant Harley - Aug 20, 1941 Shirley Howes - Aug 21, 1928 Trijntje "Tanya" Rijkenberg - Aug 23, 1941 		10:00 Catholic Mass - St. Isaac Joques (CHP) 10:00 Coffee Cafe (AT) 1:30 Knitting Club (BL) 2:30 Tuck shop (PAR) 3:00 Math with Bryan (LL) 6:15 Courtyard Visits (PC)	9:30 Spiritual Visits! (RR) 10:15 Treat Trolley: Icy Iced Tea! (RR) 1:30 No Money Bingo (ML) 3:00 Courtyard Strolls! (PC)
9:30 Spiritual Visits! (RR) 10:30 Hymn Sing (ML) 2:00 Watermelon Social (PC) 4:00 Indoor Walkabouts (AU)	10:00 Coffee Cafe (AT) 10:00 Bell Choir (ML) 10:15 Walkabouts (PC) 2:00 Short Stories (PAR) 2:45 Hymn Sing (PN) 3:30 Assorted Games (LL)	9:30 Cardio & Strength with Physio (PAR) 9:30 Spiritual Visits! (RR) 10:30 Prize Bingo (LLRR) 11:00 Treat Trolley: Popsicle Cool Down! (RR) 1:30 Picture Day (AU) 2:00 Resident Challenge: Guess Who?! (RR) 2:30 3rd Annual Caribbean Backyard Party (AC) 2:30 Cards Chats and Snacks! (PAR) 6:15 Tech Corner (JS)	9:30 Strength & Seated Balance with Physio (PAR) 10:00 Coffee Cafe (AT) 10:15 Walkabouts (PC) 11:00 Treat Trolley: Popsicle Party! (PAR) 1:30 Picture Day (AU) 2:00 Balloon Volley (PN) 2:30 Travelling Tuck Shop (AU) 2:45 Wheel of Fortune! (PAR) 6:15 Calming Colouring (ML)	9:30 Stretch & Strength with Physio (PAR) 9:30 Spiritual Visits! (RR) 10:15 No Money Bingo (PAR) 2:30 Lets Learn A Little: SPANISH (PAR) 2:30 Book Club! (PAR) 6:15 Assorted Games (ML)	10:00 Coffee Cafe (AT) 11:15 Walkabouts (AU) 1:30 Knitting Club (BL) 2:00 Hymn Sing (PTL) 2:30 Games & Chit Chats (PAR) 2:45 The Baby Game! (ML) 6:15 Movie Night (ML)	10:00 Exercise (ML) 1:30 Birthday Party with Emilio (ML) 6:15 Manicures (RR)
9:30 Spiritual Visits! (RR) 10:30 Holy Rosary (CHP) 3:30 Treat Trolley (JS) 4:00 Treat Trolley (ML) 6:15 Manicures (ML)	10:00 Coffee Cafe (AT) 10:00 Bell Choir (ML) 10:15 Walkabouts (PC) 1:30 Library in the Lobby (ML) 2:00 Short Stories (PAR) 2:45 Hymn Sing (PN) 3:30 Assorted Games (LL)	9:30 Cardio & Strength with Physio (PAR) 9:30 Spiritual Visits! (RR) 10:00 Farmers Market (OTG) 11:00 Treat Trolley: Popsicle Cool Down! (RR) 2:00 Resident Challenge: Guess Who?! (RR) 2:30 Cards Chats and Snacks! (PAR) 6:15 Hand Massages (ML)	9:30 Strength & Seated Balance with Physio (PAR) 10:00 Coffee Cafe (AT) 10:15 Walkabouts (PC) 11:00 Treat Trolley: Popsicle Party! (PAR) 2:00 Balloon Volley (PN) 2:30 Travelling Tuck Shop (AU) 2:45 Wheel of Fortune! (PAR) 6:15 Puzzles (ML)	9:30 Stretch & Strength with Physio (PAR) 9:30 Spiritual Visits! (RR) 10:15 No Money Bingo (PAR) 1:30 Dream Nails & Tales (ML) 6:15 Travelogue (ML)	9:30 All About Me! (RR) 10:00 Coffee Cafe (AT) 11:15 Walkabouts (AU) 1:30 Knitting Club (BL) 2:00 Hymn Sing (PTL) 2:30 Games & Chit Chats (PAR) 6:15 Music Night (ML)	9:30 Spiritual Visits! (RR) 10:15 Treat Trolley: Icy Iced Tea! (RR) 1:30 No Money Bingo (ML) 3:15 Walkabouts (PC)
9:30 Spiritual Visits! (RR) 10:30 Holy Rosary (CHP) 2:00 Hymn Sing (ML) 4:00 Indoor Walkabouts (AU)	10:00 Coffee Cafe (AT) 10:00 Bell Choir (ML) 10:15 Walkabouts (PC) 2:00 Short Stories (PAR) 2:45 Hymn Sing (PN) 3:30 Assorted Games (LL)	9:30 Cardio & Strength with Physio (PAR) 10:30 Prize Bingo (LLRR) 2:30 Cards Chats and Snacks! (PAR) 6:15 Short Stories (RR)	9:30 Strength & Seated Balance with Physio (PAR) 9:45 Ajax Rotary Park (OTG) 10:00 Coffee Cafe (AT) 2:30 Travelling Tuck Shop (AU) 6:15 Trivia (ML)	9:30 Stretch & Strength with Physio (PAR) 1:30 Dream Nails & Tales (ML) 2:00 Math with Bryan (LL) 2:30 Lets Learn a Little: GERMAN (PAR) 6:15 Live Entertainment with Garth (ML)	10:00 Coffee Cafe (AT) 1:30 Knitting Club (BL) 2:30 Games & Chit Chats (PAR) 6:15 Mandalas and Meditations (ML)	10:00 Exercise (ML) 2:00 No Money Bingo (ML) 6:15 Manicures (ML)
9:30 Spiritual Visits! (RR) 10:30 Holy Rosary (CHP) 2:00 Waffle ice cream Social (ML) 3:30 Treat Trolley (JS) 6:15 Music Night (ML)	10:00 Coffee Cafe (AT) 10:00 Bell Choir (ML) 3:30 Assorted Games (LL)	9:30 Cardio & Strength with Physio (PAR) 2:00 Resident Challenge: Guess Who?! (RR) 2:30 Cards Chats and Snacks! (PAR) 6:00 Memorial Service (CHP)	9:30 Strength & Seated Balance with Physio (PAR) 10:00 Coffee Cafe (AT) 10:15 Walkabouts (PC) 11:00 Treat Trolley: Popsicle Party! (PAR) 1:30 Resident Council Meeting (PAR) 2:00 Balloon Volley (PN) 2:30 Travelling Tuck Shop (AU) 2:45 Wheel of Fortune! (PAR) 6:15 Assorted Games (ML)	9:30 Stretch & Strength with Physio (PAR) 9:30 Spiritual Visits! (RR) 10:15 No Money Bingo (PAR) 1:30 Dream Nails & Tales (ML) 2:30 Lets Learn A Little: NEPALI (PAR) 6:15 Garden Visits (PC)	9:30 All About Me! (RR) 10:00 Coffee Cafe (AT) 11:15 Walkabouts (AU) 2:00 Hymn Sing (PTL) 2:00 50/50 Bingo (\$5.00 cost and signup required) (LLRR) 6:15 Movie Night (ML)	9:30 Spiritual Visits! (RR) 10:15 Treat Trolley: Icy Iced Tea! (RR) 1:30 No Money Bingo (ML) 3:15 Walkabouts (PC)
9:30 Spiritual Visits! (RR) 10:30 Holy Rosary (CHP) 2:00 Hymn Sing (ML) 4:00 Indoor Walkabouts (AU)					 stay hydrated	

LINDEN



August 2025

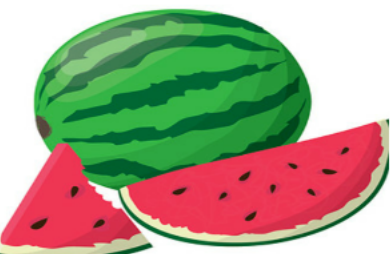
Orchard Villa



SOUTHBRIDGE
CARE HOMES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					10:00 Catholic Mass - St. Isaac Joques (CHP) 10:00 Coffee Cafe (AT) 1:30 Knitting Club (BL) 1:30 Root Beer Floats (JS) 1:30 Friendly Visit (JS) 2:30 Tuck shop (PAR) 2:30 Outdoor Walks (PC) 3:00 Math with Bryan (LL) 6:15 Courtyard Visits (PC) 1	10:30 Chair Yoga (LL) 11:00 Name That Tune (LL) 1:30 No Money Bingo (ML) 4:00 Bible Stories (RR) 2
10:30 Hymn Sing (ML) 1:30 Music & Memories (JS) 2:00 Watermelon Social (PC) 4:00 Indoor Walkabouts (AU) 3	10:00 Coffee Cafe (AT) 10:00 Bell Choir (ML) 11:15 Balloon Toss (LL) 1:30 Treat Trolley (RR) 3:30 Assorted Games (LL) 4	10:30 Prize Bingo (LLRR) 1:30 Library Trolley (LL) 1:30 Picture Day (AU) 2:30 Cards Chats and Snacks! (PAR) 4:00 Montessori (RR) 4:30 Hand Massages (RR) 6:15 Tech Corner (JS) 7:15 Bedside Visits (JS) 5	10:00 Coffee Cafe (AT) 10:30 Library Visits (LB) 1:30 "The Little Old Lay Who Broke All The Rules" (CAR) 1:30 Picture Day (AU) 2:30 Travelling Tuck Shop (AU) 4:00 Walking Club (JS) 6:15 Calming Colouring (ML) 7:15 Friendly Visits (JS) 6	10:30 Move To Music (LL) 2:30 Lets Learn A Little: SPANISH (PAR) 6:15 Assorted Games (ML) 7:15 1:1 Visits (JS) 7	10:00 Coffee Cafe (AT) 1:30 Knitting Club (BL) 2:30 Games & Chit Chats (PAR) 6:15 Movie Night (ML) 8	10:00 Exercise (ML) 1:30 Birthday Party with Emilio (ML) 6:15 Manicures (RR) 7:15 Friendly Visit (RR) 9
10:30 Holy Rosary (CHP) 4:00 Treat Trolley (ML) 6:15 Manicures (ML) 6:15 Spiritual Visits (RR) 10	10:00 Coffee Cafe (AT) 10:00 Bell Choir (ML) 11:15 Balloon Toss (LL) 1:30 Library in the Lobby (ML) 1:30 Treat Trolley (RR) 3:30 Assorted Games (LL) 11	10:00 Farmers Market (OTG) 1:30 Library Trolley (LL) 2:30 Cards Chats and Snacks! (PAR) 3:30 Men's Group (BL) 6:15 Hand Massages (ML) 7:15 Bedside Visits (JS) 12	10:00 Coffee Cafe (AT) 10:30 Short Stories (LL) 2:30 Travelling Tuck Shop (AU) 4:00 Walking Club (JS) 6:15 Puzzles (ML) 7:15 1:1 Visits (JS) 13	10:30 Daily News (LL) 1:30 Dream Nails & Tales (ML) 6:15 Travelogue (ML) 7:15 1:1 Visits (JS) 14	10:00 Coffee Cafe (AT) 1:30 Knitting Club (BL) 2:30 Games & Chit Chats (PAR) 6:15 Music Night (ML) 7:15 Bedside Visits (RR) 15	10:30 Chair Yoga (LL) 11:00 Name That Tune (LL) 1:30 No Money Bingo (ML) 4:00 Bible Stories (RR) 16
10:30 Holy Rosary (CHP) 1:30 Music & Memories (JS) 2:00 Hymn Sing (ML) 4:00 Indoor Walkabouts (AU) 17	10:00 Coffee Cafe (AT) 10:00 Bell Choir (ML) 11:15 Balloon Toss (LL) 1:30 Treat Trolley (RR) 3:30 Assorted Games (LL) 18	10:30 Prize Bingo (LLRR) 1:30 Library Trolley (LL) 2:30 Cards Chats and Snacks! (PAR) 4:00 Montessori (RR) 4:30 Hand Massages (RR) 6:15 Short Stories (RR) 7:15 Friendly Visits (JS) 19	9:45 Ajax Rotary Park (OTG) 10:00 Coffee Cafe (AT) 10:30 Library Visits (LB) 1:30 "The Little Old Lay Who Broke All The Rules" (CAR) 2:30 Travelling Tuck Shop (AU) 4:00 Walking Club (JS) 6:15 Trivia (ML) 7:15 Bedside Visits (JS) 20	1:30 Dream Nails & Tales (ML) 2:00 Math with Bryan (LL) 2:30 Lets Learn a Little: GERMAN (PAR) 6:15 Live Entertainment with Garth (ML) 21	10:00 Coffee Cafe (AT) 1:30 Knitting Club (BL) 2:30 Games & Chit Chats (PAR) 6:15 Mandalas and Meditations (ML) 7:15 1:1 Visit (JS) 22	9:30 Popsicle Cart (JS) 10:00 Exercise (ML) 10:30 "The Little Old Lady Who Broke All The Rules" (CAR) 2:00 No Money Bingo (ML) 6:15 Manicures (ML) 7:15 1:1 Visit (JS) 23
10:30 Holy Rosary (CHP) 2:00 Waffle ice cream Social (ML) 3:30 Treat Trolley (JS) 6:15 Music Night (ML) 7:15 Spiritual Visits (JS) 24	10:00 Coffee Cafe (AT) 10:00 Bell Choir (ML) 11:15 Balloon Toss (LL) 1:30 Treat Trolley (RR) 3:30 Assorted Games (LL) 25	1:30 Library Trolley (LL) 2:30 Cards Chats and Snacks! (PAR) 3:30 Men's Group (BL) 6:00 Memorial Service (CHP) 26	10:00 Coffee Cafe (AT) 10:30 Short Stories (LL) 1:30 Resident Council Meeting (PAR) 2:30 Travelling Tuck Shop (AU) 2:30 "The Little Old Lady Who Broke All The Rules" (CAR) 4:00 Walking Club (JS) 7:15 Friendly Visits (JS) 27	10:30 Daily News (LL) 1:30 Dream Nails & Tales (ML) 2:30 Lets Learn A Little: NEPALI (PAR) 6:15 Garden Visits (PC) 7:15 Friendly Visits (JS) 28	10:00 Coffee Cafe (AT) 2:00 50/50 Bingo (\$5.00 cost and signup required) (LLRR) 6:15 Movie Night (ML) 29	10:30 Chair Yoga (LL) 11:00 Name That Tune (LL) 1:30 No Money Bingo (ML) 4:00 Bible Stories (RR) 30
10:30 Holy Rosary (CHP) 1:30 Music & Memories (JS) 2:00 Hymn Sing (ML) 4:00 Indoor Walkabouts (AU) 31						



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					9:30 Stretch & Strength with Physio (CAR) 1 10:00 Catholic Mass - St. Isaac Joques (CHP) 10:00 Coffee Cafe (AT) 1:30 Root Beer Floats (JS) 2:30 Outdoor Walks (PC) 3:00 Math with Bryan (LL)	10:30 Chair Yoga (LL) 2 11:00 Name That Tune (LL) 1:30 No Money Bingo (ML) 4:00 Bible Stories (RR)
10:30 Hymn Sing (ML) 3 1:30 Music & Memories (JS) 4:00 Indoor Walkabouts (AU)	9:30 Strength & Cardio with Physio (CAR) 4 9:30 Beach Ball Toss and Popsicles (CN) 10:00 Coffee Cafe (AT) 10:30 Crafts (CAR) 1:30 Spiritual Visits (CAR) 2:30 Discussion Group and Chocolate Chip Cookies (CAR)	9:30 "The Love Boat" and Popsicles (CTL) 5 10:30 Prize Bingo (LLRR) 1:30 Balcony Visits and Lighthouse Slide Show (CB) 2:30 Watermelon Social (CAR) 6:15 Tech Corner (JS) 7:15 Bedside Visits (JS)	9:30 Strength & Seated Balance with Physio (CAR) 6 9:30 Outdoor Walks (AC) 10:00 Coffee Cafe (AT) 10:30 Manicures and Lemonade (CAR) 1:30 "The Little Old Lay Who Broke All The Rules" (CAR) 2:30 Bingo (CAR)	2:30 Lets Learn A Little: SPANISH (PAR) 7 6:15 Assorted Games (ML) 7:15 1:1 Visits (JS)	9:30 Stretch & Strength with Physio (CAR) 8 10:00 Coffee Cafe (AT) 1:30 Knitting Club (BL) 2:30 Games & Chit Chats (PAR) 6:15 Movie Night (ML)	10:00 Exercise (ML) 9 1:30 Birthday Party with Emilio (ML) 6:15 Manicures (RR) 7:15 Friendly Visit (RR)
10:30 Holy Rosary (CHP) 10 2:00 Bowling (ML) 4:00 Treat Trolley (ML) 6:15 Spiritual Visits (RR)	9:30 Strength & Cardio with Physio (CAR) 11 10:00 Coffee Cafe (AT) 10:00 Bell Choir (ML) 11:15 Balloon Toss (LL) 1:30 Library in the Lobby (ML) 1:30 Treat Trolley (RR) 3:30 Assorted Games (LL)	10:00 Farmers Market (OTG) 12 1:30 Library Trolley (LL) 2:30 Cards Chats and Snacks! (PAR) 6:15 Hand Massages (ML) 7:15 Bedside Visits (JS)	9:30 Strength & Seated Balance with Physio (CAR) 13 10:00 Coffee Cafe (AT) 10:30 Short Stories (LL) 2:30 Travelling Tuck Shop (AU) 6:15 Puzzles (ML)	10:30 Daily News (LL) 14 1:30 Dream Nails & Tales (ML) 6:15 Travelogue (ML) 7:15 1:1 Visits (JS)	9:30 Stretch & Strength with Physio (CAR) 15 10:00 Coffee Cafe (AT) 1:30 Knitting Club (BL) 2:30 Games & Chit Chats (PAR) 6:15 Music Night (ML) 7:15 Bedside Visits (RR)	10:30 Chair Yoga (LL) 16 11:00 Name That Tune (LL) 1:30 No Money Bingo (ML)
10:30 Holy Rosary (CHP) 17 1:30 Music & Memories (JS) 2:00 Hymn Sing (ML) 4:00 Indoor Walkabouts (AU)	9:30 Strength & Cardio with Physio (CAR) 18 9:30 Beach Ball Toss and Popsicles (CN) 10:00 Coffee Cafe (AT) 10:30 Crafts (CAR) 1:30 Spiritual Visits (RR) 2:30 Discussion Group and Iced Tea (CAR)	9:30 "Fantasy Island" (CTL) 19 10:30 Prize Bingo (LLRR) 1:30 Balcony Visits and Phototherapy (CB) 2:30 Potato Salad Tasting and Potato Facts (CAR) 6:15 Short Stories (RR) 7:15 Friendly Visits (JS)	9:30 Strength & Seated Balance with Physio (CAR) 20 9:30 Outdoor Walks (AC) 9:45 Ajax Rotary Park (OTG) 10:00 Coffee Cafe (AT) 10:30 Manicures and Lemonade (CAR) 1:30 "The Little Old Lay Who Broke All The Rules" (CAR) 2:30 Bingo (CAR)	1:30 Dream Nails & Tales (ML) 21 2:00 Math with Bryan (LL) 2:30 Lets Learn a Little: GERMAN (PAR) 6:15 Live Entertainment with Garth (ML)	9:30 Stretch & Strength with Physio (CAR) 22 9:30 Fairy Stories (CTL) 10:00 Coffee Cafe (AT) 10:30 Hymns and Bible Reading (CAR) 1:30 Angel Food Cake Parfait-Social (CAR) 2:30 Outdoor Walks (AC) 6:15 Mandalas and Meditations (ML)	9:30 Popsicle Cart (JS) 23 10:30 "The Little Old Lady Who Broke All The Rules" (CAR) 2:00 No Money Bingo (ML) 6:15 Manicures (ML) 7:15 1:1 Visit (JS)
9:30 Spiritual Visits (RR) 24 10:30 Holy Rosary (CHP) 2:00 Waffle ice cream Social (ML) 6:15 Music Night (ML)	9:30 Strength & Cardio with Physio (CAR) 25 10:00 Coffee Cafe (AT) 10:00 Bell Choir (ML) 3:30 Assorted Games (LL)	1:30 Balcony Visits and Canine Facts and Photos (CB) 26 2:30 Corn Dog Social and Ice Tea (CAR) 6:00 Memorial Service (CHP)	9:30 Strength & Seated Balance with Physio (CAR) 27 9:30 Outdoor Walks (AC) 10:00 Coffee Cafe (AT) 10:30 Manicures and Lemonade (CAR) 1:30 Resident Council Meeting (PAR) 2:30 "The Little Old Lady Who Broke All The Rules" (CAR)	9:30 "Fantasy Island" (CTL) 28 10:00 Music Appreciation (CN) 12:00 Cedar Unit BBQ (PC) 2:30 Bingo (CAR) 6:15 Garden Visits (PC) 7:15 Friendly Visits (JS)	9:30 Stretch & Strength with Physio (CAR) 29 9:30 Calendar Delivery and Popsicles (RR) 10:00 Coffee Cafe (AT) 10:30 Outdoor Walks (AC) 2:00 50/50 Bingo (\$5.00 cost and signup required) (LLRR) 6:15 Movie Night (ML)	10:30 Chair Yoga (LL) 30 11:00 Name That Tune (LL) 1:30 No Money Bingo (ML) 4:00 Bible Stories (RR)
10:30 Holy Rosary (CHP) 31 2:00 Hymn Sing (ML) 4:00 Indoor Walkabouts (AU)						

August 2025

Birch Home Area



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



10:30 Hymn Sing (ML)
2:00 Watermelon Social (PC)
4:00 Indoor Walkabouts (AU)

3



10:00 Coffee Cafe (AT)
10:00 Bell Choir (ML)
11:15 Gardening and Popsicles (MPL)
2:00 Social - Calendar Committee (BL)
3:30 Walkabouts (JS)

4

9:30 Cardio & Strength with Physio (MPL)
10:30 Prize Bingo (LLRR)
2:00 Exercise - Seated Yoga (MPL)
3:15 Art (MPL)
6:15 Tech Corner (JS)

5

10:00 Coffee Cafe (AT)
1:30 "The Little Old Lay Who Broke All The Rules" (CAR)
2:30 Travelling Tuck Shop (AU)
4:00 Walking Club (JS)
6:15 Calming Colouring (ML)

6

9:30 Fun & Fitness with Physio (MPL)
9:30 Bible Stories (MBW)
2:30 Lets Learn A Little: SPANISH (PAR)
6:15 Assorted Games (ML)

7

10:00 Coffee Cafe (AT)
10:00 No Money Bingo (MPL)
11:00 Patio Gardening and Popsicles (ML)
1:30 Knitting Club (BL)
3:45 Mail Delivery and Popsicles (JS)
6:15 **Movie Night (ML)**

8

10:00 Exercise (ML)
11:00 Treat Trolley Popsicles (JS)
1:30 **Birthday Party with Emilio (ML)**
3:30 Treat Trolley (JS)
6:15 Manicures (RR)

9

Live Music

10:30 Holy Rosary (CHP)
2:00 Bowling (ML)
3:30 Treat Trolley (JS)
4:00 Treat Trolley (ML)
6:15 Manicures (ML)

10

10:00 Coffee Cafe (AT)
10:00 Bell Choir (ML)
11:15 Gardening and Popsicles (MPL)
1:30 **Library in the Lobby (ML)**
3:30 Walkabouts (JS)

11

9:30 Cardio & Strength with Physio (MPL)
10:00 Farmers Market (OTG)
2:00 Exercise - Seated Yoga (MPL)
3:30 Men's Group (BL)
6:15 Hand Massages (ML)

12

10:00 Coffee Cafe (AT)
10:30 A Cool Treat (RR)
2:30 Travelling Tuck Shop (AU)
4:00 Walking Club (JS)
6:15 Puzzles (ML)

13

9:30 Fun & Fitness with Physio (MPL)
10:00 Manicures (MPL)
11:00 Bible Stories (MPL)
6:15 Travelogue (ML)

14

10:00 Coffee Cafe (AT)
10:00 No Money Bingo (MPL)
11:00 Patio Gardening and Popsicles (ML)
1:30 Knitting Club (BL)
3:45 Mail Delivery and Popsicles (JS)
6:15 Music Night (ML)

15

10:30 Chair Yoga (LL)
1:30 No Money Bingo (ML)

16

10:30 Holy Rosary (CHP)
2:00 Hymn Sing (ML)
4:00 Indoor Walkabouts (AU)

17

10:00 Coffee Cafe (AT)
10:00 Bell Choir (ML)
11:15 Gardening and Popsicles (MPL)
2:00 Bean Bag Golf (BL)
3:30 Walkabouts (JS)

18

9:30 Cardio & Strength with Physio (MPL)
10:30 Prize Bingo (LLRR)
2:00 Exercise - Seated Yoga (MPL)
3:15 Art (MPL)
6:15 Short Stories (RR)

19

9:45 Ajax Rotary Park (OTG)
10:00 Coffee Cafe (AT)
1:30 "The Little Old Lay Who Broke All The Rules" (CAR)
2:30 Travelling Tuck Shop (AU)
4:00 Walking Club (JS)
6:15 Trivia (ML)

20

9:30 Fun & Fitness with Physio (MPL)
10:00 Manicures (MPL)
2:00 Math with Bryan (LL)
3:30 Garden Visits and Popsicles (PC)
6:15 **Live Entertainment with Garth (ML)**

21

10:00 Coffee Cafe (AT)
10:00 No Money Bingo (MPL)
11:00 Patio Gardening and Popsicles (ML)
1:30 Knitting Club (BL)
3:45 Mail Delivery and Popsicles (JS)
6:15 Mandalas and Meditations (ML)

22

10:00 Exercise (ML)
10:30 "The Little Old Lady Who Broke All The Rules" (CAR)
11:00 Treat Trolley Popsicles (JS)
2:00 No Money Bingo (ML)
3:30 Treat Trolley (JS)
6:15 Manicures (ML)

23

10:30 Holy Rosary (CHP)
2:00 **Waffle ice cream Social (ML)**
3:30 Treat Trolley (JS)
6:15 **Music Night (ML)**

24

10:00 Coffee Cafe (AT)
10:00 Bell Choir (ML)
11:15 Gardening and Popsicles (MPL)
2:00 Trivia - Wizard of Oz (MPL)
3:30 Walkabouts (JS)

25

9:30 Cardio & Strength with Physio (MPL)
2:00 Exercise - Seated Yoga (MPL)
2:30 Cards Chats and Snacks! (PAR)
3:30 Men's Group (BL)
6:00 **Memorial Service (CHP)**

26

10:00 Coffee Cafe (AT)
1:30 **Resident Council Meeting (PAR)**
2:30 Travelling Tuck Shop (AU)
2:30 "The Little Old Lady Who Broke All The Rules" (CAR)
4:00 Walking Club (JS)

27

9:30 Fun & Fitness with Physio (MPL)
10:00 Manicures (MPL)
2:00 Bible Stories (MPL)
3:30 Garden Visits and Popsicles (PC)
6:15 Garden Visits (PC)

28

10:00 Coffee Cafe (AT)
10:00 Short Stories (MPL)
11:00 Patio Gardening and Popsicles (ML)
2:00 **50/50 Bingo (\$5.00 cost and signup required) (LLRR)**
3:45 Mail Delivery and Popsicles (JS)
6:15 **Movie Night (ML)**

29

10:15 Trivia: What's Next (MBW)
10:30 Treat Trolley: Popsicles (RR)
1:30 No Money Bingo (ML)
3:00 A Cool Treat (RR)

30

10:30 Holy Rosary (CHP)
2:00 Hymn Sing (ML)
4:00 Indoor Walkabouts (AU)

31

Main Lobby (ML)
Maple Lounge (MPL)
Travelling (JS)
Atrium (AT)
Birch Lounge (BL)

Locations Legend

All Units (AU)
Chapel (CHP)
Resident Room (RR)
Pine Courtyard (PC)
Cedar Activity Room (CAR)

Linden Lounge (LL)
Maple Breezeway (MBW)
Lower Level Recreation Room (LLRR)
Pine Activity Room (PAR)
OUTING (OTG)



Happy August Birthdays!

John Waddell August 27
Adolphe Leclair August 13
Ron Deeth August 13





August 2025

Orchard Villa



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Locations Legend  Resident Room (RR) Aspen Activity Room (AR) Main Lobby (ML) Chapel (CHP) Aspen Courtyard (AC) Aspen Nursing Station (AN) Dining Room (SR) Lower Level Recreation Room (LLRR) All Units (AU) Pine Courtyard (PC) OUTING (OTG) Aspen TV Lounge (ATL) Pine Activity Room (PAR)		 Happy Birthday August Dorothy Wedge Aug 02nd Tai Tung Ip Aug 23rd Marjorie Haley Aug 23rd			 8:30 Breakfast Banter! (SR) 1 9:00 Friendly Visit (RR) 10:00 Catholic Mass - St. Isaac Joques (CHP) 1:30 Calendar Delivery (AR) 3:00 Hydration Therapy (RR)	1:30 No Money Bingo (ML) 2 
10:30 Hymn Sing (ML) 3 2:00 Watermelon Social (PC) 	 4	9:15 Virtual Call (RR) 10:30 Prize Bingo (LLRR) 1:30 Stretch & Strength with Physio (AR) 1:30 Picture Day (AU) 2:30 3rd Annual Caribbean Backyard Party (AC)  5	9:00 20-Second Challenge 9:30 Music Appreciation (AN) 10:30 Nature Walks (AR) 1:30 Balloon Volley (AR) 1:30 Picture Day (AU) 2:45 Ice Cream Floats (RR) 6	9:15 Virtual Call (RR) 10:30 Patio Chit Chats (AC) 12:00 Aspen Unit BBQ (AC) 1:30 Fun & Fitness with Physio (AR) 2:45 Hydration Therapy (RR)  7	 8	9:30 Name That Tune (AN) 10:30 Patio Chit Chats (AC) 1:30 Birthday Party with Emilio (ML) 2:45 Icey Ice Tea: Treat Trolley (RR) 9
8:30 Breakfast Banter! (SR) 10 10:30 Holy Rosary (CHP) 1:30 Friendly Visits (RR) 2:45 Popsicles and Chit Chats (RR)	9:15 Virtual Call (RR) 9:30 Music Appreciation (AN) 10:30 Drumming Circle (AR) 1:30 Fun & Fitness with Physio (AR) 1:30 Table Talk Tidbits (RR) 1:30 Library in the Lobby (ML) 2:45 Hydration Therapy (RR) 11	10:00 Farmers Market (OTG) 12 1:30 Stretch & Strength with Physio (AR) 2:45 Chill Treats : Treat Trolley (RR)	9:00 20-Second Challenge 9:30 Music Appreciation (AN) 10:30 Nature Walks (AR) 2:30 Balloon Volley (AR) 3:00 Hydration Therapy (RR) 13	9:15 Virtual Call (RR) 10:30 Patio Chit Chats and Popsicles (AC) 1:30 Fun & Fitness with Physio (AR) 1:30 Hand Massages (ATL) 14	8:30 Breakfast Banter! (SR) 15 9:30 Friendly Visit (RR) 10:30 Manicure Friday (AN) 1:30 Assorted Games (AR) 2:45 Icey Ice Tea (RR)	1:30 No Money Bingo (ML) 16 
10:30 Holy Rosary (CHP) 17 	9:15 Virtual Call (RR) 1:30 Fun & Fitness with Physio (AR) 18	10:30 Prize Bingo (LLRR) 1:30 Stretch & Strength with Physio (AR) 19	Live every moment. Laugh every day. Love beyond words. 20	9:15 Virtual Call (RR) 1:30 Fun & Fitness with Physio (AR) 6:15 Live Entertainment with Garth (ML) 21	 22	2:00 No Money Bingo (ML) 23 
10:30 Holy Rosary (CHP) 24 2:00 Waffle ice cream Social (ML) 	9:15 Virtual Call (RR) 1:30 Fun & Fitness with Physio (AR) 25	1:30 Stretch & Strength with Physio (AR) 6:00 Memorial Service (CHP) 26	1:30 Resident Council Meeting (PAR)  27	9:15 Virtual Call (RR) 1:30 Fun & Fitness with Physio (AR) 28	 stay hydrated  29	1:30 No Money Bingo (ML) 30 
10:30 Holy Rosary (CHP) 31			ASPEN			